IYENGAR YOGA

WORKSHOP

STÉPHANE LALO



12 – 14 FEBRUARY 2027

PRANA JOGA KRANJ

KRANJ, SLOVENIA

RUNTOYOGA

STÉPHANE LALO

IYENGAR YOGA WORKSHOP

12 – 14 FEBRUARY 2026

PRANA JOGA KRANJ
KRANJ, SLOVENIA

SCHEDULE

FRIDAY	SATURDAY	SUNDAY
6:00 - 8:30 PM	10:00 AM - 1:00 PM 3:00 - 5:00 PM	9:00 AM - 12:00 PM 2:00 - 4:00 PM

PRICING

€180
WORKSHOP FEE

€80
RESERVATION DEPOSIT
An €80 deposit is required to secure your place.
Non-refundable.

REGISTRATION



To reserve your place, please send an email to
miha.joga@gmail.com



RUNTOYOGA

ABOUT

STÉPHANE LALO

Stéphane Lalo began practising yoga in 1973 and devoted himself to the Iyengar method in 1985. He was certified as a Junior Advanced 3 teacher by B. K. S. and Geeta Iyengar in Pune, India.

After studying osteopathy and spending extended periods with the Iyengar family, he began teaching in Marseille in 1990. In 1996, he founded the Iyengar Yoga Centre of Marseille.

From 1989 to 2020, he returned to Pune for several months each year, studying with the Iyengar family and attending Geeta Iyengar's general and therapeutic classes.

He has trained teachers since 2007 and regularly leads workshops in France and internationally.

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